

Effective date of notice: April 14, 2003

This notice pertains to you and your covered dependents.

Please share it with your covered dependents.

NOTICE OF PRIVACY PRACTICES

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THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

GENERAL RULE

We will ask you to sign a consent form allowing us to use and disclose your health information for the purposes of treatment, payment, and health care operations of this office. We are allowed to refuse to treat you if you do not sign the consent form.

We use information for treatment purposes, when, for example, we set up an appointment for you, when our office staff types letters or reports requested by you, when the nurse practitioner prescribes medication, and when the nurse practitioner calls you to advise you of new alternatives to your treatment. We may disclose your health information outside of your office for treatment purposes if, for example, we refer you to another health care provider or clinic for physical or mental health services, when we provide a prescription for medication to a pharmacist, or when we phone to let you know your prescription was ordered. Sometimes we may ask for copies of your health information from another professional that you may have seen before us.

We use your health information for payment purposes when, for example our staff asks you about health or mental health care plans that you may belong to, or about other sources of payment for our services, when we prepare bills to send to you or your mental health care plan, when we process payment by credit card and when we try to collect unpaid amounts due.

We may disclose your health information outside of our office for payment purposes when, for example, bills or claims for payment are mailed, faxed, or sent by computer to you or your mental health plan, or when we occasionally have to ask a collection agency or attorney to help us with unpaid amounts due. Claim forms may contain your name, address, social security number, diagnoses, and the treatment provided in our office, to your insurance company.

We use and disclose your health information for health care operations in a number of ways. Health care operations means those administrative and managerial functions that we have to do in order to run our office. We may use or disclose your health information, for example for financial or billing audits, for internal quality assurance, for personnel decisions, to enable our nurse practitioner to participate in managed care plans, for the defense of legal matters, and to develop business plans.

USES AND DISCLOSURES WITHOUT CONSENT OR AUTHORIZATION

In some limited situations, the law allows or requires us to use or disclose your health information without your permission. Not all of these situations will apply to us; some may never come up at our office at all. Such uses or disclosures are:

- when a state or federal law mandates that certain health information be reported for a specific purpose;
- for public health purposes, such as contagious disease reporting, investigation or surveillance; and notices to and from the Food and Drug Administration regarding drugs or medical devices;
- disclosures to governmental authorities about victims of suspected abuse, neglect or domestic violence;
- uses and disclosures for health oversight activities, such as for the licensing of nurse practitioners, for audits by Medicare or Medicaid; or for investigation of possible violations of health care laws;
- disclosures for judicial and administrative proceedings, such as in response to subpoenas or orders of courts or administrative agencies;
- disclosures for law enforcement purposes, such as to provide information about someone who is or is suspected to be a victim of a crime; to provide information about a crime at our office; or to report a crime that happened somewhere else; If you are an inmate, we may disclose your personal information to correctional institutions as allowed by law.
- uses or disclosures for health related research;
- uses and disclosures to prevent a serious threat to health or safety;
- uses or disclosures for specialized government functions, such as for the protection of the president or high ranking government officials; for lawful national intelligence activities; for military purposes; or for the evaluation and health of members of the foreign services;
- disclosures relating to worker's compensation programs;
- disclosures to business associates who perform health care operations for us and who agree to keep your health information private.

APPOINTMENT REMINDERS

We may call to remind you of scheduled appointments. We may also call to notify you of other treatments or services available at our office that might help you. We may leave messages at the telephone numbers you provide, asking you to return our call.

OTHER DISCLOSURES

We will not make any other uses or disclosures of your health information unless you sign a written authorization form. You do not have to sign such a form. If you do sign one, you may revoke it at any time unless we have already acted in reliance upon it.

YOUR RIGHTS REGARDING YOUR HEALTH INFORMATION

The law gives you many rights regarding your health information. You can:

- ask us to restrict our uses and disclosures for purposes of treatment (except emergency treatment), payment or health care operations. We do not have to agree to do this, but if we agree we must honor the restrictions that you want. To ask for a restriction, send a written request to Marie McQueen, A.N.P., at the address or fax number shown at the beginning of this Notice.
- ask us to communicate with you in a confidential way, such as by phoning you at work rather than at home, by mailing health information to a different address. We will accommodate these requests if they are reasonable, and if you pay us for any extra cost. If you want to ask for confidential communications, send a written request to Marie McQueen, A.N.P. at the address or fax number shown at the beginning of this Notice.
- ask to see or to get photocopies of your health information. By law, there are a few limited situations in which we can refuse to permit access or copy. For the most part, however, you will be able to review or have a copy of your health information within 30 days of asking us. You may have to pay for photocopies in advance. If we deny your request, we will send you a written explanation, and instructions about how to get an impartial review of our denial if one is legally required. By law, we can have one 30 day extension of the time for us to give you access or photocopies if we sent you a written notice of the extension.. If you want to review or get photocopies of your health information, send a written request to Marie McQueen, A.N.P. at the address or fax shown at the beginning of this Notice.
- ask us to amend your health information if you think that it is incorrect or incomplete. If we agree, we will amend the information within 60 days from when you ask us. We will send the corrected information to persons who we know got the wrong information, and others that you specify. If we do not agree, you can write a statement of your position, and we will include it with your health information along with any rebuttal statement that we may write. Once your statement of position and/or our rebuttal is included in your health information, we will send it along whenever we make a permitted disclosure of your health information. By law, we can have one 30 day extension of time to consider a request for amendment if we notify in writing of the extension. If you want to ask us to amend your health information we need a written request, including your reasons for the amendment, to Marie McQueen, A.N.P. at the address or fax shown at the beginning of this Notice.
- get a list of the disclosures we have made of your health information up to 6 years before the date of your request, but not for disclosures made before April 14, 2003. Exceptions, include disclosures for purposes of treatment, payment or healthcare operations and some other limited disclosures. The first list you request within a 12-month period will be free. If you want more frequent lists. We will usually respond to your request within 60 days of receiving it, but by law we can have one 30 day extension of time if we notify you of the request in writing. If you want a list, send a written request to Marie McQueen, A.N.P., at the address or fax shown at the beginning of this Notice.
- get additional paper copies of this Notice of Privacy Practices upon request, no matter whether you got one electronically or in paper form already. If you want additional paper copies, send a written notice to Marie McQueen, ANP at the address or fax shown at the beginning of this Notice.

OUR NOTICE OF PRIVACY PRACTICES

By law, we must abide by the terms of this Notice of Privacy Practices until we choose to change it. We reserve the right to change this notice at any time in compliance with and as allowed by law. If we change this Notice, the new privacy practices will apply to your health information that we already have as well as to such information that we may generate in the future. If we change our Notice of Privacy Practices, we will post the new notice in our office and have copies available in our office.

COMPLAINTS

If you think that we have not properly respected the privacy of your health information, you are free to complain to us or the U.S. Department of Health and Human Services, Office for Civil Rights. We will not retaliate against you if you make a complaint. If you want to complain to us, send a written complaint to Marie McQueen A.N.P. at the address or fax number shown at the beginning of this Notice. If you prefer, you can discuss your complaint in person or by phone.

FOR MORE INFORMATION

If you want more information about our privacy practices, call or visit Marie E. McQueen, A.N.P. at the address or phone number shown at the beginning of this Notice.